

Post-Surgical Rehab

Physical therapy can help with the many issues that arise following a surgery. Typically following a surgery, a patient may experience more pain and swelling, loss of motion, increased stiffness, muscle weakness, the development of scar tissue, decreased functioning, in addition to issues with walking both up and down stairs. Post-surgical treatments can be provided to help regain the client's strength and range of motion. These can be performed both at home and in the clinic.