

# ARCTIC PHYSICAL THERAPY AND REHABILITATION

## PERSONAL INFORMATION / PLEASE COMPLETE ALL SECTIONS

FIRST & LAST NAME:	CELL PHONE:	HOME PHONE:
ADDRESS:	CITY:	ZIP CODE:
EMAIL ADDRESS:	DOB:	SEX: (Please circle) <b>M</b> <b>F</b>
EMPLOYER:	WORK PHONE:	OCCUPATION:
REFERRED BY:	SSN:	MARITAL STATUS: <b>M</b> <b>S</b> <b>D</b> <b>Sep.</b>
EMERGENCY CONTACT:	PHONE:	RELATIONSHIP:

## WORKER'S COMPENSATION / AUTO INSURANCE

If we are filing with your general health insurance and you have provided us with a copy of your insurance card, you do not need to fill out the following section. However, if your injury was due to a motor vehicle accident or work injury, the following section is required.

INSURANCE COMPANY:	PHONE NUMBER: (Include extension number)	
ADJUSTOR'S NAME:	FAX NUMBER:	
BILLING ADDRESS:	CITY:	ZIP CODE:
CLAIM NUMBER:	DATE OF INJURY:	
PLACE OF ACCIDENT:	IS THIS WORK RELATED? (Please circle) <b>YES</b> <b>NO</b>	

I understand and agree (regardless of my insurance status), that I am ultimately responsible for the balance of my account for any professional services rendered. I am also responsible for recognizing insurance status, including, but not limited to, benefits and allowable visits. I have read all the information on this page and certify that the information I provided is true and correct to the best of my knowledge. I also agree to notify Arctic Physical Therapy and Rehabilitation of any changes in the above information.

\_\_\_\_\_  
SIGNATURE:

\_\_\_\_\_  
DATE:

\_\_\_\_\_  
PARENT OR GUARDIAN: (if minor)

\_\_\_\_\_  
DATE:

# MEDICAL HISTORY

1. What are you being seen for today?

\_\_\_\_\_

2. Who is your referring physician?

\_\_\_\_\_

3. When was the onset of your symptoms/injury? (Please indicate date) \_\_\_ / \_\_\_ / \_\_\_\_.

4. Has a physician ever warned you against exercise?  Yes  No

If yes, please explain: \_\_\_\_\_.

5. Are you currently engaged in any form of regular exercise?  Yes  No

If yes, please explain: \_\_\_\_\_.

6. Are you currently employed full-time?  Yes  No

If yes, please list any limitations: \_\_\_\_\_.

7. Have you ever been diagnosed by a physician with the following? (Please circle)

Cancer	Cardiac Disease	Respiratory Disease	High Blood Pressure
Diabetes	Epilepsy	Fibromyalgia	Myofascial Pain
Chronic Fatigue	Arthritis	Osteoporosis	

8. Have you experienced any of the following symptoms in the past month? (please circle)

Dizziness or Fainting	Illness or Fever	Nervousness
Unexplained Weight Loss	Abdominal or Chest Pain	Severe Fatigue

9. Are you pregnant? (females only)  Yes  No

10. Please list any medical conditions not mentioned above: \_\_\_\_\_.

11. Please list all current medications: \_\_\_\_\_.

12. Have you ever been treated by a Physical Therapist for this injury?  Yes  No

13. Are you undergoing, or have you undergone any other treatment for this injury?

Yes  No If yes, please explain: \_\_\_\_\_.

I certify that the above information is correct and accurate to the best of my knowledge:

\_\_\_\_\_  
PLEASE PRINT NAME:

\_\_\_\_\_  
SIGNATURE:

\_\_\_\_\_  
DATE:

**CONSENT FOR TREATMENT:**

I hereby give my permission for Arctic Physical Therapy and Rehabilitation to render treatment to me/my dependent. I understand that I will be given all available pertinent information prior to the treatment being rendered. I will be given the opportunity to ask questions and have all of them answered to my satisfaction. I understand that I may decline treatment at any time.

\_\_\_\_\_  
SIGNATURE:

\_\_\_\_\_  
DATE:

**CONSENT TO RELEASE/OBTAIN MEDICAL INFORMATION:**

Permission is hereby granted to Arctic Physical Therapy and Rehabilitation to release information to my insurance company, employer, attorney, worker’s compensation carrier, physical/facility referred to for further treatment and/or my referring/family physician. Permission is hereby granted to any facility where I have previously been treated to release medical records to Arctic Physical Therapy and Rehabilitation.

\_\_\_\_\_  
SIGNATURE:

\_\_\_\_\_  
DATE:

**AUTHORIZATION FOR PAYMENT OF BENEFITS:**

I authorize Arctic Physical Therapy and Rehabilitation to bill my health insurance for services rendered. All payments will be applied to my balance. I will be responsible for all co-pays/co-insurance and deductibles that may apply. Although Arctic Physical Therapy and Rehabilitation will help verify and assist me in understanding my benefits, it is ultimately my responsibility and I will not hold Arctic Physical Therapy and Rehabilitation responsible for any misinterpretation of insurance benefits. I understand that any charges not paid by my insurance company are my responsibility, are due and payable by me.

\_\_\_\_\_  
SIGNATURE:

\_\_\_\_\_  
DATE:

**MEDICARE PATIENT ONLY:**

I authorize payment of Medicare benefits to Arctic Physical Therapy and Rehabilitation for services rendered, and I authorize the release of medical information to CMS (Centers of Medicare and Medicaid Services) and/or its agents.

\_\_\_\_\_  
SIGNATURE:

\_\_\_\_\_  
DATE:

## CONSENT FOR MASSAGE THERAPY

- The unclothed body will be properly draped at all times for your warmth, sense of security, and a mark of massage professionalism.
- Forced attention and manual therapy will be given as agreed upon by the therapist and client for the predetermined goals of stress reduction, relief of muscular discomfort, and/or health therapy. I have been given an opportunity to ask questions.
- I as a client to provide complete and accurate health information and notice of health changes at successive appointments as appropriate.
- I understand that massage therapy is designed to be an ancillary health aid and is not primary health care treatment.
- Written referral is requested from your primary care provider if:
  - You are currently receiving care.
  - You have a specific medical condition or symptoms for which you take medication or receive periodic evaluation or treatment.
- I will immediately inform my therapist of any unusual sensation or discomfort, so that the application of pressure or strokes may be adjusted to my level of my comfort.
- I understand that this is a professional massage, is therapeutic in nature and is performed by a trained state-licensed therapist.
- I understand that by signing this form, I give consent to receive the treatment discussed in all future sessions and agree that my presence at subsequent session shall be constructed to validation of this written consent.
- I have read this form and hereby freely give my permission to receive massage therapy.
- **I understand that the massage is not sexually oriented in any way and that any illicit or suggested remarks or behavior on my part will result in immediate termination of the session.**

## MESSAGE CANCELLATION POLICY

We understand that unanticipated events happen occasionally in everyone's life. In our desire to be effective and fair to all our patients and out of consideration for therapists' time, we have adopted the following policies due our limited availability for appointments:

- **24-hour advance notice is required when canceling an appointment. A \$50 fee will be applied to your account if an appointment is missed/cancelled and cannot be filled.**  
\_\_\_\_\_ **I understand and accept this policy.**

- Appointment times have been arranged specifically for you. If you arrive late your session may be shortened in order to accommodate others whose appointments follow yours. Your therapist can accommodate a maximum of 15 minutes late for your appointment. After that, we will need to reschedule your appointment.

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Arctic PT Fairbanks**

Keith Franzen, P.T.

**Insurance:**

**Primary Insurance:** \_\_\_\_\_ **Policy #** \_\_\_\_\_ **Group#** \_\_\_\_\_

**Policyholder's Full Name (The person who holds the policy)** \_\_\_\_\_

**Policyholder's Date of Birth:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Relationship to Patient:** \_\_\_\_\_

**Secondary Insurance:** \_\_\_\_\_ **Policy #** \_\_\_\_\_ **Group #** \_\_\_\_\_

**Tertiary Insurance:** \_\_\_\_\_ **Policy #** \_\_\_\_\_ **Group #** \_\_\_\_\_

- Notice of Privacy Practice Patient Acknowledgement

I have received and/or reviewed this patient's Notice of Privacy Practices. The notice provides details about uses and disclosures of my protected health information that may be needed by this practice, my individual rights, how I may exercise these rights, and the practice's legal duties with respect to my information. I understand that this practice reserves the right to change the terms of its Notice of Privacy Practices, and to make changes regarding all protected health information resident at, or controlled by the practice. I understand that I may obtain this practice's current Notice of Privacy Practices upon request.